MAKING HUMAN CONNECTIONS IN A DISCONNECTED SOCIETY

WHAT’S OLD IS NEW AND WHY THE ART OF MORE TRADITIONAL COMMUNICATION IS MAKING A COMEBACK!
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"WHEN WE’RE CONNECTED TO OTHERS, WE BECOME BETTER PEOPLE."

RANDY PAUSCH, THE LAST LECTURE

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The art of making connections, when people cannot only hear your words, but they can pick up on voice inflection, see the look in your eyes and read the body language that you are presenting is fighting a losing battle.
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So What Does This Mean?

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It means that while technology, social media, and texting are not necessarily bad things, in this case, we are losing some of what makes us, people. What makes us Human.

It means that when it comes to topics including Empathy, Understanding Personalities, Self-Esteem, Empowerment and How To Be A Friend, kids are fighting a difficult battle.

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Dr. Catherine Steiner-Adair, a clinical psychologist and author of The Big Disconnect, says,

“There’s no question kids are missing out on very critical social skills. In a way, texting and online communicating—it’s not like it creates a nonverbal learning disability, but it puts everybody in a nonverbal disabled context, where body language, facial expression, and even the smallest kinds of vocal reactions are rendered invisible.”
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Agree? Disagree?

What are some of the ways you’ve been able to successfully limit this type of behavior?

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What is CORe?

CORe stands for Creating Our Reality. In part, Creating Our Reality states that each and every one of us, young and old, has the power and ability to create the life we’ve always imagined for ourselves.
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A “Research-Driven” model designed to empower and stimulate positive youth development through a series of participant involved educational curricula.

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Elements of various Teen Court seminars and workshops are incorporated into the CORe Project curriculum.
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“The Evolution of Change...”

* Understanding your emotions
* Learning to Care
* Overcoming Fear
* Increase confidence
* Empower to change

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THE SCHOOL SUCCESS PROFILE PLUS (SSP+)

DIVIDED INTO 6 MODULES:

1) About You
2) Neighborhood
3) School
4) Friends
5) Family
6) Health & Well-Being

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Making Human Connections in a Disconnected Society

7-Week Outline

Week 1: Introduction: Overview of the class, attendance and participation requirements; Pre-Assessment

Week 2: Emotional Development (Depression, Fear, Anger & Happiness) - Adolescent Brain Development info and Confidence

Week 3: Empathy with sub topics to include: Bullying, Belonging and Friendship

Week 4: Overcoming Fear - Addressing, Acknowledging & Overcoming Fear

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7-Week Outline

WEEK 5: *Self-Esteem* with sub topics to include: Making good decisions (drugs/alcohol), Peer Pressure & Social Media

WEEK 6: *Empowerment* with sub topics to include tools for success, understanding Kaizen and how it relates to day-to-day life

WEEK 7: *Wrap Up* - Bringing the lessons we learned into everyday interactions and life as a whole; Post-Assessment is administered; Graduation & Wrap-Up

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16-Week Outline

WEEK 1: Introduction: Overview of the class, attendance and participation requirements; Pre-Assessment

WEEK 2: PARENT/GUARDIAN - discussing CORe Project expectations and what to expect from their children

WEEK 3: Emotional Development (Depression, Fear, Anger & Happiness) - from Adolescent Brain Development info - and Confidence

WEEK 4: VULNERABILITY - Shame vs. Guilt; Dr. Brene Brown

WEEK 5: Empathy - topics to include: Bullying, Belonging and Friendship

WEEK 6: Empathy (Part II)

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16-Week Outline

WEEK 7: Empathy – Video (clips) showing of the documentary, “Bully” and discussion

WEEK 8: Overcoming Fear - Addressing, Acknowledging & Overcoming Fear

WEEK 9: UNDERSTANDING PERSONALITIES

WEEK 10: Self-Esteem with sub topics to include: Making good decisions (drugs/alcohol), Peer Pressure & Social Media

WEEK 11: Self-Esteem (Part II)

WEEK 12: Self-Esteem (Part III)

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16-Week Outline

WEEK 13: Empowerment with sub topics to include tools for success, understanding Kaizen and how it relates to day-to-day life

WEEK 14: MEDITATION & VISUALIZATION- understanding the physical and emotional benefits

WEEK 15: GIVING BACK- how this can become a lifelong passion

WEEK 16: Wrap Up. Bringing the lessons we learned separately (boys & girls), into everyday interactions and life as a whole; Post-Assessment; Graduation

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How is it being used in schools?

* After-School Tool
* As a free-standing class
* Middle School Health Class

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