

GLOSSARY

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BULLY	An individual who demonstrates power or control over another through aggression, violence, threat, or manipulation
BULLY TARGET	An individual who is both a bully and a target of bullying experiencing both the traits of aggression and withdrawal.
BONDING/ CONNECTEDNESS	The relationship of children to caring, loving, role models. Connectedness to caring nurturing adults has high impact on behaviors or actions.
EMPATHY	The ability to feel or demonstrate kindness and understanding.
EXTRINSIC MOTIVATORS	Situations or rewards intended to persuade behavior or actions. Known to have low impact on behaviors or actions.
HEALTH	An integrated method of functioning reflective of the interdependency of the physical, mental, emotional, social, spiritual, cultural, and intellectual health domains enabling persons to adequately deal with the self and others in a variety of situations leading to longevity and a high quality of life.
HEALTH LITERACY	The ability to be a critical thinker, problem-solver, and responsible decision maker with the intent to avoid risk and promote wellness in self and others.
IMPULSE CONTROL	The ability to self-regulate actions and behaviors
INTRINSIC MOTIVATORS	Attitudes, thoughts, or beliefs intended to guide personal decisions and actions. Known to have high impact on behaviors or actions.
MODELING	Demonstrating through action; known to have high impact on behaviors.
OVERCONTROLLED BEHAVIORS	Anxiety, depression, withdrawal, or other avoidant behaviors intended to comply with expectations of others
RISK & PROTECTIVE FACTORS	Internal or external factors that influence health decision-making leading to health promoting or health compromising actions.
SCHOOL CLIMATE	Temperament, belief system, or sense of purpose modeled, promoted, or experienced on a school campus. Caring/nurturing school climates have high impact on youth behavior.
SCHOOL HEALTH EDUCATION	A planned sequential approach to comprehensive health promotion / risk reduction curriculum, instruction, and assessment.
SELF-EFFICACY	An individual's belief in the ability to successfully navigate situations successfully or accomplish a goal, task, or challenge successfully.
SOCIAL COMPETENCE	An individual's ability to effectively interact with others or effectively avoid unacceptable or risky behaviors or actions
UNDERCONTROLLED BEHAVIORS	Defiance, aggression, disruption, non-compliance and other outward behaviors intended to control situations or persons
WHOLE CHILD APPROACH	Considering the interaction and interdependency of all health domains: education strategies that apply functional health knowledge, conceptual health understandings, healthy life skills practice, and assessment of health actions.

