National Health Education Standards Performance Indicators

The CCSSO-SCASS/Health Education Assessment Project relies on the 2007 National Health Education Standards (NHES) to establish student assessment materials and resources. Copies of the NHES can be obtained at http://www.cdc.gov/HealthyYouth/SHER/standards/index.htm

**Core Concepts**
Health Education Standard 1
Students will comprehend concepts related to health promotion and disease prevention.

**Accessing Information**
Health Education Standard 2
Students will demonstrate the ability to access valid health information and health-promoting products and services.

**Self Management**
Health Education Standard 3
Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

**Analyzing Influences**
Health Education Standard 4
Students will analyze the influence of culture, media, technology and other factors on health.

**Interpersonal Communication**
Health Education Standard 5
Students will demonstrate the ability to use interpersonal communication skills to enhance health.

**Decision Making**
Health Education Standard 6
Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.

**Goal Setting**
Health Education Standard 6
Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.

**Advocacy**
Health Education Standard 7
Students will demonstrate the ability to advocate for personal, family and community health.
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